### TERM THREE | JULY 2021

# MSOMMES

Igniting Minds Through Music Jet's Rock Into Term Three!

In this month's issue:



Student of the Month



More than just music!



Make-Up Sessions

Introducing... Naomi Browne



### **STUDENT OF THE MONTH** Kaja Hall



Congratulations to Kaja Hall! Kaja has shown dedicated focus to now be able to perform independent melodies of both hands when playing the piano! Fantastic effort!

Also, a special mention to Isla and Tatum for achieving the '30-day practice streak' on the new Practice Space App. Be sure to check out other student achievements in the staircase at MusoMinds, Titirangi.



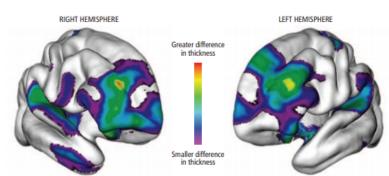
# **MORE THAN JUST MUSIC!**

You are probably already aware that a wealth of scientific research over the last decade is proving that music education is a **powerful tool** for enabling children to reach their full intellectual, social and creative potential.

But did you know that recent studies have indicated that children who are being musically trained show better working memory than those who are not?

Working memory allows us to remember things while our minds are busy - an essential memory for mental arithmetic and reading comprehension.

The difference in brains of children who have had musical training typically show an enlarged frontal cortex - an area of the brain in charge of abstract thought and planning, as well as controlling our intended movements. This is shown below, where the brighter the colour, the bigger the difference in cortical thickness.



www.musominds.com

Areas of greater cortical thickness in children with musical training (Royal Conservatory, 2014).

### Our 9 Key Competencies



At MusoMinds, we aim to target the areas of the frontal cortex and working memory by encouraging memorisation, left-right brain coordination, literacy, sequential thinking and rhythmic competence.

We combine this with questioning intended to develop perceptive abilities, by using a range of learning modalities, such as colour coding, numerical sets, kinesthetic movement on steps and visualisation techniques.

Through this, students learn how to learn - this is what our approach of developing the 9 key competencies through music is based upon.

I believe there is no better way to learn the value of acquiring skill through effort than by learning music, particularly as music offers so much reward in terms of emotional and cognitive development.



Patrick MBA, BMus(Hons), Grad. Dip. Teaching, FMVA

# **INTRODUCING...** Naomi Browne

Many of our students have already enjoyed the warm, patient addition to our team at either KinderMinds sessions or at one of our keyboard group/individual sessions.

Her name is, of course, Naomi Browne! Naomi has a Post Grad Diploma of Performing Arts (Opera) from Auckland University and 15 years professional experience on stage with the New Zealand Opera.

Some parents may know Naomi from



Mainly Music, where she ran the music programme for the Laingholm community for 21 years. Naomi also runs music therapy classes for at-risk families around Auckland, where music is used to rekindle a ruptured relationship between parent and child.

## **INSTRUMENT HIRE**

Did you know that you can hire guitars, digital pianos and keyboards at MusoMinds?

This assures that you receive a high quality product that is right for your child, without the substantial investment.



Nylon string guitars from \$4.75pw (+GST)



Digital Pianos from \$8.50pw (+GST)



# MAKE-UP SESSIONS

As winter is upon us and a few of us have been battling the cold, the make-up session policy has been extended up to two missed sessions.



Make-up sessions due to unavoidable circumstances are offered during the school holidays at a time that is convenient for you. A list of available slots will be sent to parents and guardians in the final week of term.

If you find that none of the offered times fits your schedule, not to worry, as up to two sessions will be credited towards your next term's invoice.

# HOLIDAY PROGRAMME

We will be running two different workshops over the second week of the school holidays:

Wednesday 21st July (9.30am - 2pm) "I've Got Rhythm" COST: \$59 + GST Improve rhythmic awareness through a variety of pulse games, bucket drumming, and African polyrhythms. We will also use virtual reality to improve coordination in a game-like atmosphere!

Thursday 22nd July (9.30am - 2pm) "Songwriting Made Easy" COST: \$59 + GST Learn the tricks of what goes into writing catchy Disney songs, then compose and record your original in a workshop that breaks the process down into simple steps.

Each workshop is open to all children 6 years and above.

To register your child's place, visit https://www.musominds.com/holidayprogramme and simply complete the online registration form.

**BE QUICK!** Spaces are limited to six students per workshop.



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